



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Henry Cieverts**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 03:41:16**

**PACE 05:15/km**  
**OVERALL 42 of 834**

**GENDER 35 of 563**  
**60+ 1 of 25**

08 July 2023, Sat

Date



*BoutTime*

Signature

